KNOW BEFORE YOU GO
SAVE TIME AND MONEY

compare and get to know your care options when you need it the most

Examples of conditions listed are not inclusive of all care.

$0 — 24/7 Nurse Line

Call the number on the **back** of your health ID card

- Choosing where to go for medical care
- Finding a doctor
- Finding a hospital
- Health and Wellness help
- Answers to questions about medicines

$ — Virtual Visits

See a doctor online, whenever, wherever

uhc.com/VirtualVisits

- Cold
- Flu
- Fever
- Pinkeye
- Sinus problems

$ — PCP Visit

Your Primary Care Provider (PCP)

myuhc.com

- Preventive care
- Screenings
- Cold
- Flu
- Fever
- Pinkeye
- Sinus problems
- Muscle strain
- UTI
- and more!

$$ — Convenience Care Clinic

(CVS, Kroger, etc) Basic conditions, not life-threatening

- Skin rash
- Flu Shot
- Minor injuries
- Earache

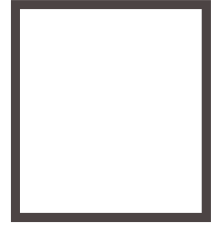## $$$ — Urgent Care

Serious conditions, NOT life-threatening

- Low back pain
- Respiratory (cough, pneumonia, asthma)
- Stomach pain, vomiting, diarrhea
- Infections (including UTIs)
- Minor injuries (small fracture, stitches)
- Minor burns

$$$$ — Emergency Room

Life-and limb-threatening emergencies

- Chest pain
- Shortness of breath
- Severe asthma attack
- Major burns
- Severe injuries
- Kidney stones

UnitedHealthcare®

DO YOU HAVE A PRIMARY CARE PROVIDER ?
Expert advice + support when you need it the most

A primary care provider (PCP) helps guide you to the care you need —and may help avoid cost surprises, save time and make the best use of your health care.

Preventive care costs $0 to you

Benefits of having a PCP include:

- ☑ Having a medical professional you choose and trust
- ☑ Keeping preventive care including annual wellness exams, screenings, immunizations, and recommendations current
- ☑ Seeing the "big picture" of your overall physical and mental health
- ☑ Receiving consistent, quality health care
- ☑ Easier and faster to get the care and referrals you need

To get started, scan the QR code above or sign in at myuhc.com

HEALTHY BODIES
ACTIVE MINDS
COLUMBUS CITY SCHOOLS